

## Ayushyahomam

List of Things needed(Puja at the Temple)	Quantity
Turemeric	1/2 Cup
Kumkum	1/2 Cup
Chandanam	1/4th Cup
Betel Leaf	10
Betel Nut	20
Flowers	2 Bunches
5 Kinds of Fruits(5 in each variety)	
Rice	2 lbs
Navadhanyam	1 Pack
Coconuts	2
Blouse Piece(except black)	1
Ghee	2 Pouches
List of Things needed(Puja done at Home)	Quantity
Turemeric	1/2 Cup
Kumkum	1/2 Cup
Chandanam	1/4th Cup
Betel Leaf	10
Betel Nut	20
Flowers	2 Bunches
5 Kinds of Fruits(5 in each variety)	
Rice	2 lbs
Navadhanyam	1 Pack
Coconuts	2
Blouse Piece(except black)	1
Ghee	2 Pouches
Cotton Wicks	1 Pack
Sesame Oil	
Camphor/Karpooram	1 Pack
Fire Logs	1 Pack
\$20 in 25 cent coins	